

minutes

LACHC		
1.7.2016	12:00-1:30 pm	Rm 330, Municipal Building
Meeting called to order by		Cynthia Goldblatt, President
Approval of Agenda and Minutes		
Agenda approved unanimously, as presented; Member Morrie Pongratz moved, Member Phil Gursky seconded.		
Minutes of December 3, 2015, will be approved at the February 7, 2016 meeting to allow members sufficient time for review.		
Round table of member activities		
20 minutes	Only announcements noted here	
DWI Council: Morrie Pongratz announced the DWI Planning Council will seek budget approval from the County Council, the date is TBD. For more information, contact Kirsten Bell, DWI Planning Council Coordinator 662-8241.		
NM Department of Health: Naomi Brodkey, the new Health Promotion Specialist for the Northeast Region, introduced herself and provided her contact information: naomi.brodkey@state.nm.us 505-753-7991		
NM DOH: Desiree Valdez, Health Promotion Specialist, provided an informative Health Promotion Team handout containing all points of contact for the Northeast Region. She mentioned www.sharenm.org , a website for people who help people, complete with a calendar of fundraising events and volunteer opportunities specific to individual counties. Effective 1/1/16, a \$50 winter clothing allowance has been added to EBT accounts for kids are currently on Temporary Assistance for Needy Families (SNAP). The Health System Innovation Stakeholder Summit meeting has been postponed from December 2015 to March 2016, details to come. Public Health Day at the Legislative Session is January 27 th at the Round House, please contact Ron Hale at ronhale@aol.com for more information.		
LA Teen Center: Sylvan Argo announced the Youth Mobilizers will present a showing of 'Race to Nowhere,' on 1/21 at 6 pm and 1/26 at 3:30 pm. Michelangelo Lobato and Kristine Coblenz will facilitate discussions afterwards. LATC is hosting 'XQ Super School' focus groups with alumni, current students and homeschoolers on 1/7, 1/9, 1/12 and 1/13, check the web page for specific times. She reminded members that a general teen support group, funded through JJAB/DWI Council and facilitated by counselors from Mesa Vista Wellness, meets on Wednesdays from 4-5:30 pm with drop-in counseling from 3-4 pm and 5:30-6 pm; Healthy Relationships programming takes place on Thursdays from 4-5:30 pm and Fridays from 4-6 pm. Other on-going programming includes: Art of Yoga, League of Extraordinary Youth, and Arts and Resiliency. Please be sure to check the LATC Facebook page, or for more information call 505-695-7415.		
LA Cares: June Gladney announced serving 112 families with rent and utilities assistance totaling \$37,797.51; and 1032 food boxes (86 per month) were prepared and distributed in 2015. She did express some concern as corporate Smith's has not been recognizing LA Cares as an approved vendor to receive food donations. She called upon LACHC members to help resolve the situation. June can be reached at 661-8015.		
United Way of Northern NM: Christy Ortega announced this year's campaign has raised record breaking numbers, and still is hopeful LANL will match funds. She expects to receive confirmation in the next two weeks. There is continued focus on behavioral health needs in the community as there is a lack of available therapists in the area and general concerns for clients seeking treatment who also hold various clearances at LANL.		
Home Instead Senior Center: Ken Hendricks mentioned a successful Santa to Senior program that served about 480 seniors this season and looks forward to dementia friendly programming coming in 2016. For more information contact ken.hendricks@homeinstead.com or call 471-2777.		
LAPS Prevention Office: Diane Katzenmeyer Delgado announced the Mental Health Design Team Community Presentations to be held on Monday, February 1 st from 5:30-7 pm in the LAHS Speech Theater and Wednesday, February 3 rd from 5:30-7 pm at the White Rock Public Library Community Room. For more information contact d.delgado@laschools.net or call 663-2227.		
Familia Dental: Miranda Garcia-Gordon announced that February is Dental Awareness Month. For more information, contact mgarciagordon@famiadental.com or call 505-692-3504.		

minutes

Family Strengths Network: Carie Fanning shared that the move into the Orange Street location has allowed for additional outside space and has added fun sledding activities to be scheduled. In addition to the Love and Logic classes, Dave Ramsey's Financial Peace University course is coming in February as well as cooperative extension courses for families interested in community service. Preliminary results of the survey speak to the needs of working parents – what can FSN do for them. Please remember FSN is a resource center, call 662-4515 for visit www.lafsn.org for more information.

Los Alamos Medical Center: Mary Beth Maassen announced LAMC has broken ground on the new dialysis center, to be completed in March 2016; the Teddy Bear Clinic is coming up in March; and a Women's Health Life Seminar will be offered in May. She proudly announced that LAMC is now the only hospital north of Albuquerque to have a neonatologist on staff which now enables care for newborns for up to 30 days. Mary Beth is also making visits to the rural clinics once per month. For more information please contact Marybeth.maassen@lpnt.net or 661-9184.

Self Help, Inc.: Ellen Morris Bond shared that the Los Alamos Salvation Army Branch annual bell ringing event was intergenerational this year raising about \$20K, bell ringers ranging in age from 2 years to 80 years! Ellen is the new chair for the Basic Needs Subcommittee which now meets on the 4th Tuesday of each month in the upstairs conference room at Smith's Marketplace. For more information please call 662-4666 or selfhelpla@gmail.com

LA Heart Council: Phil Gursky announced the upcoming Heart Seminar Asthma/COPD overlap and treatment with Dr. Sussman at 6 pm on February 23rd at the First Baptist Church. Please contact philipgursky@aim.com for more information.

Los Alamos Retired and Senior Organization: Pauline Schneider reported that December was a record month for new members. Unfortunately, for the first time, LARSO is experiencing a waiting list for some adult day programs. For more information please contact larsobesc@hotmail.com or call 662-8920.

JJAB: Ellen Ben-Naim announced that referrals are down, but the website has been providing advocacy with the YRA and FRA case management programs. She's excited about the Youth Mental Health Training with the LAPS staff for all 6th through 12th grades and hope to expand training opportunities in beginning of February. For more information please contact ellensbennaim@gmail.com or 670-8153.

Los Alamos Fire Dept.: Donna McHenry announced a Fire and Fall Prevention Program for Older Adults entitled Remembering When. The FREE training will be held in Council Chambers on Thursday, March 24th and Friday, March 25th from 8:30 am - 4:00 pm. She also mentioned Project Heart Start, a hands only CPR course. For more information, please contact Donna McHenry 662-8307 or Andrea Cunningham 662-4038.

Los Alamos Public Health Nurse: Andrea Cunningham announced that over 500 children received the flu vaccination in the elementary schools this season, which meant the target audience was reached – serving 25% Medicaid clients, area Pueblo members, and out of district transfer students. For more information, please contact 662-4038.

Family Resource Advocate/JJAB: Debbie Shelton shared that was in attendance to represent both the FRA and Youth Resource Advocates (YRA) programs as important resources for referral in the schools. She reminded members that local councilor Jamie Silverman, LISW, is available for private counseling and support groups for kids ages 6-8, 9-11, and 12-14. Jamie can be reached at 505-629-8176.

Los Alamos Retirement Community: Cynthia Goldblatt invited all to attend a training on January 26th at 8 am at Zia Credit Union entitled, "How to Deal with Customers with Alzheimer's and Dementia." For more information call 695-8981.

Presentation

Kelly Gallagher, Ph.D., Epidemiologist DOH

Health Policy and Legislative Training for Health Councils

- Public health policy – state level and community level
- 2016 NM Legislative Session dates: January 19th – February 28th; Public Health Day is January 27th
- How a bill becomes a law
- Health Council related legislation
- How to be pro=active during the session
- Handouts: NMPHA 12th Annual Health Policy Legislative Forum Legislative Proposals for the 2016 NM Legislature and NM Alliance of Health Councils Message to Communicate: 2016

minutes

Update: Older Adult Services Network	
	Pauline Schneider
NONE – postponed until February 4, 2016 meeting	
Update: Public Health Office	
	Andrea Cunningham
NONE – postponed until February 4, 2016 meeting	
Update: County Council Health Representative	
	TBD
A new Health Representative will be appointed at the County Council meeting on January 26, 2016.	
President's & Treasurer's Report	
	Cynthia Goldblatt & Joy Beery
NONE – postponed until February 4, 2016 meeting	
Next Meetings/Other	
	Cynthia Goldblatt
Next meeting: February 4, 2016 Presentation: TRIBES Learning Model – Suzanne Canfield, Older Adult Services Update, Basic Needs Subcommittee Update Future Presentations: Chamber of Commerce, LAMC, LANL EAP, others	
Meeting adjourned at 1:33 pm.	

Respectfully Submitted,

Deni Fell
Health Care Specialist