

minutes

LACHC		
2.4.2016	12:00-1:30 pm	Rm 330, Municipal Building
Meeting called to order at 12:05 by	Cynthia Goldblatt, President	
Approval of Agenda and Minutes		
Agenda approved unanimously, as presented; Member Phil Gursky moved, Member Morrie Pongratz seconded.		
Minutes of December 3, 2015 and January 7, 2016 were unanimously approved as presented; Member Phil Gursky moved, Member Morrie Pongratz seconded the motion.		
Round table of member activities		
	Only announcements noted here	
Social Services Division: Kim Gabaldon shared about the Social Services presentation to County Council on January 26 th and thanked Pauline Schneider and Andrea Cunningham for their valuable input. She also spoke in support of legislative bills HB109 and SB40 Restoring State Funding of Health Councils in 2016. Handouts were provided. She also mentioned the Safety Net Care Pool Act requiring hospitals to post their financial policies. For more information, please contact 662-8312 or kim.gabaldon@lacnm.us		
Los Alamos Family Council: Cheryl Pongratz shared that 100 Women Who Care paid for an anti-bullying training for the Youth Activity Centers staff that will also be utilized for training of summer staff. For more information contact 662-4160.		
JJAB: Stacy Baker shared that the first Youth Mental Health Training, funded by the United Way and the LAPS Foundation, was a huge success. There will be a second offering for teachers coming soon. For more information contact 690-7212 or starrybaker@gmail.com		
Los Alamos Heart Council: Phil Gursky shared that February is heart month and to please consider attending a free community seminar and complimentary dinner presented by Dr. James Sussman and Allergy Partners of NM entitled, Asthma-COPD Overlap Syndrome on February 23 rd at 5:30 pm at the First Baptist Church. For more information, please contact philipgursky@aim.com		
Los Alamos Visiting Nurses: Collette Fordham has recently returned to the community to work part time as a case manager with both LAVNS and the Senior Centers. She shared a flyer for a 6-week grief support group beginning Saturday, February 13 th from 12-1pm at the Betty Ehart Senior Center. The annual Daffodils for Hospice fundraiser is underway, posters available, watch for booths with flowers on March 3 rd & 4 th , deliveries on March 5 th . For more information please contact 662-2525 or collette.fordham@gmail.com		
Los Alamos Medical Center: Mary Beth Maassen shared that progress continues on the dialysis center; LAMC will be providing lunch during a Rotary Club presentation on February 12 th at the Senior Center to include giveaways; the Teddy Bear Clinic will be Friday, March 11 th , all local kindergarteners will participate; and in collaboration with Donna McHenry (LAFD), a women's health and safety fair will be offered on Saturday, May 7 th . For more information, please contact 661-9184 or Marybeth.maassen@lpnt.net		
United Way of Northern NM: On behalf of Kristy Ortega, Mary Beth Maassen announced a meeting for all mental health providers at LAMC on Wednesday, February 24 th from 1-2:30 pm. Also, 100 Women Who Care will meet on February 17 th at Unquarked at 5:30 pm. For more information, please contact 663-3891.		
Los Alamos Retired and Senior Organization: Linda Boncella (Los Alamos Volunteer Association) announced the <i>Downton Abbey Tea</i> fundraiser to be held on February 14 th ; the volunteer driver program now has 29 drivers; AARP will be available to provide help with tax preparation for all ages, appointment is required; the Teddy Bear Workshop will be held on February 5 th from 2-4 pm; and the Senior Center is actively recruiting teens to assist with tech support on February 20 th from 10-12 pm. For more information, please contact 662-8920 or larsobesc@hotmail.com		
LAPS Prevention Office: Bernadette Lauritzen shared a sleep center doctor will be presenting to youth about good sleeping habits; and the Community Resiliency Subcommittee will meet at the library from 10-11 am on February 29 th . For more information contact 663-3252 or b.lauritzen@laschools.net		

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Self Help, Inc.: Ellen Morris Bond shared that a proclamation has been made by the Governor that February 11th is 'National 211 Day.' The Empty Bowls Project, an annual fundraiser for Self Help, is looking for volunteers for the auction on Saturday March 5th. For more information, please call 662-4666 or selfhelpla@gmail.com

LA Cares: June Gladney shared the Mobile Food Pantry (Santa Fe Food Depot) distribution occurs on the 4th Friday of each month at the First Methodist Church. It has been a nice complement to the monthly food box distribution offered through LA Cares. She also mentioned the Souper Bowl of Caring fundraising event as we near Super Bowl Sunday. For more information, please call 662-8015.

NM Nurses Association: Suzanne Canfield shared the annual legislative workshop, Nurses Capitol Challenge, is coming up. Last year 160 students and 40 nurses attended. For more information, please contact sjcanfield@comcast.net

DWI Council: Morrie Pongratz announced the DWI Planning Council meets on the third Thursday of each month at 8:30 am in the Municipal Building, please contact Kirsten Bell, DWI Planning Council Coordinator, at 662-8241.

Kiwanis Club: Morrie Pongratz shared that aluminum cans are collected every third Saturday of each odd month; Kiwanis service projects include LAMS Band Aid, Key Club, LA Visiting Nurses Daffodils and Empty Bowls, and the Builders Club and K-Kids at the elementary schools with over 700 hours to help support. For more information, please contact mpongatz1942@gmail.com

Los Alamos Retirement Community: Cynthia Goldblatt shared that Aspen Ridge Lodge and Sombrillo have a new interim executive director, Rayna Sagus. Also, both facilities are seeking out full time and part time activities directors, please contact the Human Resources Department at Aspen Ridge, 661-0066 for more information.

Update: Older Adult Services Network

Ken Hendricks for Pauline Schneider

Ken Hendricks shared he continues to work toward community wide dementia friendly initiative workshops, having already presented at LANB, Smith's, Bradbury Science Museum, and the Los Alamos Fire Department. Zia Credit Union and Los Alamos Schools Credit Union have also expressed interest. He's also been working with Pauline Schneider to assemble a larger group to brainstorm fall prevention efforts that could involve free home assessments, discounts for supplies at hardware stores, and some online training. To add, please consider attending a free training entitled Remembering When a Fire and Fall Prevention Program for Older Adults will be offered on March 24th and 25th, for more information please contact Donna McHenry 662-8307 or Andrea Cunningham 662-4038. For more information, contact Ken Hendricks at 471-2777 or Pauline Schneider at 662-8920.

Update: Basic Needs Subcommittee

Ellen Morris Bond

Ellen Morris Bond reported:

- Creation of a vision statement - handout provided with Maslow's Hierarchy of Needs.
- Concerns for ongoing and unresolved issues with regard to housing and transitional housing needs, in particular a higher incidence of homeless high school students.
- JudyGail's Place, services for families recovering from domestic violence, filed for 501c3 status.
- Next meeting Basic Needs Subcommittee will be Tuesday, February 23rd from 10:30-11:30 am at Smith's Marketplace upstairs meeting room; meetings held on the 4th Tuesday of each month.

Update: Public Health Office

Andrea Cunningham

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Andrea Cunningham reported:

- Fall Prevention workshop on March 24th & 25th
- Next meeting for the Mental Health Design Team will be Tuesday, February 23rd at 5:30pm
- Public meeting for re-design of Barranca School Thursday, February 4th
- Crystal Hollon of Esperanza Shelter will hold classes at the YMCA Teen Center on respect and disease prevention

Presentation: TRIBES Learning Model

Suzanne Canfield, Community member

TRIBES Learning Communities:

- To assure the healthy development of every child so that each one has the knowledge, skills and resiliency to be successful in a rapidly changing world
- The focus is on students' learning and developmental needs
- TRIBES culture is based on 4 agreements: attentive listening, appreciation/no put-downs, the right to pass, and mutual respect
- Professional development is offered as basic training, middle school, high school and after-school tribes
- For more information contact CenterSource Systems, LLC at 1-800-810-1701 or visit: www.tribes.com

Update: County Council Health Representative

James Chrobocinski

NONE – not present.

President's & Treasurer's Report

Cynthia Goldblatt & Joy Beery

No President's report. Cheryl Pongratz reported on behalf of Joy Beery, there has been no change in the balance since the December 2015 meeting.

Next Meetings/Other

Cynthia Goldblatt

Next meeting: March 3, 2016

Presentations: AP Style Writer's Workshop – Carol Clark & Bonnie Gordon, LA Daily Post; Community Resiliency Subcommittee Update

Future Presentations: MADD, OEM, LAPS, Chamber of Commerce, LAMC, LANL EAP, others

Meeting adjourned at 1:29 pm.

Respectfully Submitted,

Deni Fell
Health Care Specialist