

# minutes

LACHC		
6.2.2016	12:00-1:30 pm	Rm 330, Municipal Building
Meeting called to order at 12:05 p.m.		Cynthia Goldblatt, President
Approval of Agenda and Minutes		
Member Phil Gursky moved to approve the agenda; Member Morrie Pongratz seconded. Agenda was approved unanimously.		
Minutes for the meeting of May 5, 2016, were unanimously approved; Member June Gladney moved, Member Cheryl Pongratz seconded.		
Round table of member activities		
		Only announcements noted here
<p>DWI Planning Council: Morrie Pongratz said \$7000 helped to sponsor this year's Senior Appreciation Night (sober grad activities), and included drunk driving simulators; it was a great success. The next meeting will be June 9<sup>th</sup> at 8:30 a.m. in the Municipal Building Rm#110. For more information, please contact Coordinator, Kirsten Bell, at 662-8241 or <a href="mailto:Kirsten.bell@lacnm.us">Kirsten.bell@lacnm.us</a></p>		
<p>LAC Social Services: Deni Fell shared the Division is working hard to update service contracts as County Council recently approved more money for programming for FY17. Kim Gabaldon, Social Services Manager, will be present at the June 28<sup>th</sup> County Council meeting to answer any questions upon contract approval. For more information, please contact <a href="mailto:kim.gabaldon@lacnm.us">kim.gabaldon@lacnm.us</a> or 662-8312.</p>		
<p>Self Help, Inc.: Ellen Morris Bond shared news of a project initiative/grant with United Way of Northern New Mexico for ease in accessing mental health care and access to intervention and suicide prevention. For more information, please contact 662-4666 or <a href="mailto:selfhelpla@gmail.com">selfhelpla@gmail.com</a></p>		
<p>Home Instead Senior Care: Ken Hendricks announced a workshop and program called Silver Alert at the Betty Ehart Senior Center on Thursday, June 16<sup>th</sup> from 8:30-Noon. Silver Alert is similar to Amber Alert, in that it compiles information concerning wandering or missing seniors in the case of an emergency situation. For more information, please contact BESC at 662-8920, <a href="mailto:larsobesc@hotmail.com">larsobesc@hotmail.com</a> or <a href="mailto:ken.hendricks@homeinstead.com">ken.hendricks@homeinstead.com</a></p>		
<p>JJAB/YRA: Elena Berliner, new JJAB staff member, primarily works with high school aged students as a Youth Resource Advocate. She announced a Mental Health First Aid training on June 7<sup>th</sup>. For more information, please contact Stacy Baker at <a href="mailto:starrybaker@gmail.com">starrybaker@gmail.com</a> or (505) 690-7212.</p>		
<p>Department of Health, Epidemiology and Response Division (ERD): Rosa Lopez announced ERD creating a Speaker's Bureau, resources for presentations related to health data. ERD would like responses for specific health data topics of interest. For more information, please contact <a href="mailto:rosa.lopez@state.nm.us">rosa.lopez@state.nm.us</a> or 505-476-3739.</p>		
<p>Teen Center: Sylvan Argo announced there were over 260 teens visit during the SAN event; the "Welcome Freshman" event date has been changed to June 15<sup>th</sup>; talent show to be held in July, tryouts June 13<sup>th</sup> from 2-6 p.m.; Art of Yoga will offer a weekend retreat in June; registration OPEN for Bold/Gold trips, a wilderness-based outdoor leadership development program for boys and girls, scholarships are available; Boys' Council &amp; Art of Yoga programs to finish up in June; counseling drop-in and support groups offered on Wednesdays &amp; Fridays 3-6 p.m.; League of Extraordinary Youth LGBTQ teen empowerment meets on Tuesdays 4-5:30 p.m.; Healthy Relationships Summer Bootcamp offered each week in June; and a Youth Mobilizer Project, in partnership with LAPD, Cmdr. Oliver Morris, conducted a safety presentation recently on how to keep yourself safe when headed off to college. Please be sure to check the Teen Center's Facebook page <a href="http://www.facebook.com/LATeenCenter/">www.facebook.com/LATeenCenter/</a> for program updates, or for more information call 505-695-7415.</p>		
<p>Familia Dental: Miranda Garcia-Gordon shared a bit about prevention, treatment and care services offered at Familia Dental. For more information, please contact <a href="http://www.familiadental.com">www.familiadental.com</a> or 505-692-3504.</p>		
<p>Los Alamos Visiting Nurses: Rosemary Coyne introduced herself as the new executive director. She looks forward to working with LACHC members and the community. For more information, please contact <a href="http://www.lavns.com">www.lavns.com</a> or 662-2525.</p>		
<p>JudyGail's Place: Amber Grady-Fuller spoke to the organization's new 501c3 status, helping NM families who have escaped domestic violence to embrace wholeness by providing access and resources for their transitional needs. For more information, please contact <a href="mailto:judygailsplace@gmail.com">judygailsplace@gmail.com</a> or (505) 709-8066.</p>		

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LAMC: Mary Beth Maassen announced new Chief Nursing Officer, Chris Kalinowski; LAMC will soon be recognized with a Women's Choice Award; Dr. Knight will conduct a workshop about allergies and inner-ear issues on June 10<sup>th</sup> at Betty Ehart Senior Center; Relay for Life is still looking for volunteers; and every Friday night this summer she will host an information booth at the Gordon's Concerts. For more information, please contact [marybeth.maassen@lpnt.net](mailto:marybeth.maassen@lpnt.net) or 661-9184.

LAVNS: Collette Fordham reminded members of an on-going grief support group throughout the month of June at the United Church in Los Alamos. For more information, please contact [collette.fordham@gmail.com](mailto:collette.fordham@gmail.com) or 662-2525.

LARSO: Pauline Schneider shared that significant construction progress is being made at the White Rock Senior Center and the temporary location is thriving. Active recruitment continues for substitute drivers. For more information, please contact [larsobesc@hotmail.com](mailto:larsobesc@hotmail.com) or 662-8920

LAPS Prevention: Bernadette Lauritzen announced WEB Crew will participate in A Million Thanks! event sending cards and letters for service men and women, donations for postage are welcome. Thanks were extended to Kim Gabaldon, Social Services Manager, for her camera donation to the WEB Crew. She also highly recommended Sam Crooks, a local student video producer, for those interested in making a commercial for Reel Deal Theater. The next Resiliency Subcommittee meeting will be on Monday, June 6<sup>th</sup> at 10-11 a.m. at the Teen Center. For more information, please contact [b.lauritzen@laschools.net](mailto:b.lauritzen@laschools.net) or 663-3252.

NMSU Cooperative Extension: Helen Idzorek announced a few upcoming workshops available in the community:

- Conducting Productive Meetings on June 10<sup>th</sup> 11:30-1 p.m. at the County Municipal Building, Rm 110
- Garden Fair on June 11<sup>th</sup> 9-12 at the Demonstration Garden
- Pickling class on June 16<sup>th</sup> 1-3:30 p.m. at Trinity on the Hill Church, \$15 pre-registration required

For more information, please contact Helen at 662-2656 or [hizdorek@nmsu.edu](mailto:hizdorek@nmsu.edu)

Los Alamos Heart Council: Phil Gursky announced this year's annual Heart Council Health Fair will be held on Saturday, September 24<sup>th</sup>. Please contact him for more information about reserving a booth 267-816-0299 or [philipgursky2@gmail.com](mailto:philipgursky2@gmail.com)

First Born Los Alamos: Kim Ferguson said there is still program availability for pregnant or first time families. She also announced permission has been granted from CYFD to purchase a Shaken Baby Simulator Doll for training and awareness opportunities. For more information, please contact [kferguson@firstbornla.org](mailto:kferguson@firstbornla.org) or 661-4810.

LA Cares: June Gladney said food box distribution happens the week of June 6<sup>th</sup> and can always use volunteers. For more information, please call 661-8015.

Los Alamos Family Council: Cheryl Pongratz announced that Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice. Please consider using this service to help support 501c3 programs when using Amazon or Amazon Prime. Joy Beery shared that collaborative meetings have taken place between Youth Activity Center staff, Mesa Vista Wellness and InsideOut peer support groups. Over 200 kids attended the very popular annual sixth grade dance. The Elks Club conducted two trainings with local youth on the topic of "Paying it forward." This year's Chamberfest will be on June 11<sup>th</sup>. For more information please contact [jbeery@lafamilycouncil.org](mailto:jbeery@lafamilycouncil.org) or call 662-4160.

Family Strengths Network: Carie Fanning announced numerous job opportunities available and have been advertised with the Los Alamos Daily Post; please see the FSN website for detailed job descriptions [www.lafsn.org](http://www.lafsn.org) or for more information, please contact [carie.fanning@lafsn.org](mailto:carie.fanning@lafsn.org) or 662-4515.

JJAB: Stacy Baker shared information about a free CYFD sponsored mandatory reporting training - how to recognize and report suspected child abuse or neglect at on June 16<sup>th</sup> from 9 a.m. to 12 p.m. at UNM-LA, Building 2 Room 230. For more information, please contact Stacy Baker at 690-7212 or [starrybaker@gmail.com](mailto:starrybaker@gmail.com)

Los Alamos Retirement Community: Cynthia Goldblatt, Community Liaison, announced a meet-and-greet led by professional case management for current and former Los Alamos and Sandia Lab employees will be held on June 6<sup>th</sup> at 2 p.m. at Aspen Ridge Assisted Living entitled, "Helping Nuclear & Uranium Workers Live at Home." Call 1-888-959-2558 for more information. National Nursing Assistant's Appreciation Week will be celebrated Jun 9<sup>th</sup> - 15<sup>th</sup> complete with fun daily themes and culminating with a carnival and manager's dunk tank. LARC will host a dementia information booth at Chamberfest, Saturday, June 11<sup>th</sup> at Central Park Square. Please contact Cynthia for details at 662-4300.

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Department of Health: Naomi Brodkey said DOH is still reviewing budget line items and have not yet determined what level of funding will be provided to health councils for FY17. The State Innovation Model/Health Systems Innovation Model is now available at <https://nmhealth.org/publication/view/general/2046> For more information, please contact [naomi.brodkey@state.nm.us](mailto:naomi.brodkey@state.nm.us) or 505-753-7991.

YMCA: Linda Daly shared the successful launch of summer camp at Barranca School. 1 in 4 kids receive some type of assistance or subsidy to attend and therefore fundraising events are critical. The annual golf tournament will be on June 11<sup>th</sup>. For more information, please call 662-3100 or visit [www.laymca.org](http://www.laymca.org)

## Update: Older Adult Services Network

Pauline Schneider

Pauline Schneider shared that the Older Adult Services Network (OASN) has largely focused on awareness for creating a dementia friendly community. The most recent training occurred on May 6, 2016 – participants included many Los Alamos County employees and was widely received. OASN meetings have been ad hoc for some time as members have also been actively participating in groups to prevent and reduce falls providing feedback to the Falls Coalition team. A larger discussion followed with member concerns to educate seniors and caregivers emphasizing the importance and creation of emergency contacts in the case of a fall or other emergency at home. Members went on to emphasize the importance of awareness via emergency planning type workshops in the future. Please contact [larsobesc@hotmail.com](mailto:larsobesc@hotmail.com) or 662-8920 for more information.

## Update: Public Health Office

Andrea Cunningham

Andrea Cunningham briefly described work the Fall Coalition has been doing, next meeting to be held on Tuesday, June 7<sup>th</sup> at 3p.m. at the Betty Ehart Senior Center. A recent meeting included a slideshow presentation whereby members from the Older Adult Services Network provided important feedback in order to prepare for a final rollout of the program. Home inspection teams will consist of one fire fighter and at least one coalition team member. 2-1-1 recently provided information pamphlets to all paramedics. The CDC website has been updated with the very latest findings on the Zika Virus; two cases have been confirmed in Southern New Mexico not related to transmission, but related instead to travel outside the U.S. Andrea also spoke to Los Alamos Public School's creation of the Freshman Academy for 2016/2017 school year. For more information, please contact [Andrea.Cunningham@state.nm.us](mailto:Andrea.Cunningham@state.nm.us) or call 662-4038.

## Overview of Working Groups

Subcommittee Chairs

There are three subcommittee working groups associated with the Los Alamos Community Health Council that were formed following the release of the Los Alamos Community Health Profile. Members are encouraged to review the Profile to help determine needs going forward.

- Basic Needs Subcommittee – focus on access to basic needs such as food and shelter and providing support for families with limited resources available. Meetings are open to the public and held on the 4<sup>th</sup> Tuesday of each month from 10:30-11:30 a.m. at Smith's Marketplace conference room (*No meeting in June*). For more information, please contact Ellen Morris-Bond 662-4666 or [selfhelpla@gmail.org](mailto:selfhelpla@gmail.org)
- Resiliency Subcommittee – focus on the phrase, 'What makes people bend, not break' when facing difficult life changing events or crisis. Formerly known as the Suicide Prevention Subcommittee, the group meets to discuss opportunities for developing a more resilient community. Meetings are typically held on the 1<sup>st</sup> Monday of each month until December (*No meeting in July*). For more information, please contact Bernadette Lauritzen at 663-3252 or [b.lauritzen@laschools.net](mailto:b.lauritzen@laschools.net)
- Older Adult Services Network – focus on needs for the elderly and frail adults in the community with emphasis on addressing older adult falls/prevention and to raise awareness in creating a dementia friendly community. To date, meetings have been ad hoc. For more information please contact Pauline Schneider at 662-8320 or [larsobesc@hotmail.com](mailto:larsobesc@hotmail.com)

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President & Treasurer Report	
	Cynthia Goldblatt & Joy Beery
Cynthia Goldblatt welcomed ideas and suggestions for future presentations. Joy Beery stated the treasury balance is \$ 6228.95.	
Next Meetings/Other	
	Cynthia Goldblatt
NO JULY MEETING Next meeting: August 4, 2016 Presentations: MADD Power of Parents or WEB Crew Future Presentations: City of Santa Fe EMS, LAC Emergency Management, LANL Community Relations, Los Alamos Community Foundation, others	
Meeting adjourned at 1:20 p.m.	

Respectfully Submitted,

Deni Fell  
Case Coordination Specialist