

minutes

Los Alamos Community Health Council		
1.10.2017	12:00-1:30 pm	Room 330, Municipal Building
Meeting called to order at 12:03 p.m.	Cynthia Goldblatt, President	
Approval of Agenda and Minutes		
A motion to approve the agenda, as presented, was moved by Member Larry Martinez, and seconded by Member Joy Beery; motion was unanimously approved.		
Approval of the minutes for the meeting of December 1, 2016, will be tabled until February 2, 2017.		
Round Table of Member Activities		
Only announcements noted here		
<p>Presbyterian Medical Services: Larry Martinez shared that Valle del Sol is the fourth (out of five) Arizona companies brought into NM to provide behavioral health services to announce its departure from the State. This will make it significantly more difficult for children to secure behavioral health services. For additional information, please contact Larry.Martinez@pmsnm.org or call (505) 955-1212.</p>		
<p>LAC Housing Program Manager: Andrew Harnden spoke to the Home Rehabilitation Program and the Homebuyer Assistance Program. Application period will be February – March 2017. The vacant home study continues and a housing demand profile is being compiled. For more information, please contact the Community Development Department at 662-8120, or Andrew.harnden@lacnm.us</p>		
<p>NM Nurse's Association: Suzanne Canfield spoke about a website that is asking New Mexicans to share their personal stories about the Affordable Care Act by visiting www.heinrich.senate.gov/health-care-share-your-story. She went on to encourage members to follow 2017 Legislative Session events beginning Tuesday, January 17th. For more information, please contact sjcanfield@comcast.net</p>		
<p>LA Cares: June Gladney announced the organization provided 946 food boxes in 2016, down from 977 in 2015. Food distribution takes place on the second Friday of every month, and the Thursday evening before. For more information, please call 661-8015.</p>		
<p>Home Instead Senior Care: Ken Hendricks applauded Pauline Schneider and Senior Center volunteers for providing more than 400 local seniors with holiday gifts in the Be a Santa to a Senior program. It was the most successful year yet! For more information, please contact ken.hendricks@homeinstead.com or call 661-8040.</p>		
<p>LAPS: Kristine Coblentz, Healthy Schools Initiative Director, invited members to join LAPS in hosting a NM DOH presentation entitled Risk Factors for Suicidal Behaviors Among Los Alamos Youth on Thursday, January 19th at 6 p.m. at UNM-LA Student Center, Bldg. 2 lecture hall. A middle and high school youth-led initiative group called RAPS will be examining YRRS data with initial training session to be held on Saturday, January 28th. For more information, please contact k.boblentz@laschools.net or call 663-2263.</p>		
<p>Los Alamos Teen Center/The Family YMCA: for Director Sylvan Argo, Leslie Walstrom reported 1600 non-duplicated visits in 2016; de-stress activities were again very popular during the week of finals last month; a gender programs coordinator position will soon be finalized; and floor staff are continually needed. Job description and applications are available at www.laymca.org. For more information, please visit https://www.facebook.com/LATeenCenter/ or call 695-7415.</p>		
<p>LAPS Prevention Office: Bernadette Lauritzen announced that February is Teen Dating Violence Awareness Month. Collaboration from the community is requested for monthly contributions to the Community Resiliency newsletter. On behalf of the DWI Planning Commission, she reported 89 free rides were provided this New Year's weekend, and there were no DWI arrests made. For more information, please contact b.lauritzen@laschools.net or call 663-3252.</p>		

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LARSO: Pauline Schneider announced the new White Rock Senior Center is open and operational. The kitchen served its first lunch on January 9th. Still waiting on a few contractor punch-list items, but tree planting and landscaping is underway. The official grand opening/ribbon cutting ceremony is still to be announced. There will be a Senior Housing Forum on Tuesday, February 7th from 10-11:30 at BESC. For more information, please contact director@losalamosseniorcenter.com or call 662-8920.

Lemonade Living (fka Lemonade Therapy Co-Op of Los Alamos): Melissa Arias shared the board voted for a name change for the organization to emphasize the mission for providing positive life skills for adults with special needs who age-out of the school system special needs programming. Beginning February 1st Friends of Lemonade meeting will be held at Mesa Public Library at 10 a.m. and thereafter on the 1st and 3rd Wednesdays of each month. For more information, please contact Melissa at her *new* email address lemonadelivingla@gmail.com or call 505-500-5281.

LAC Social Services: Deni Fell, Case Coordination Specialist, shared that she attended the NE Regional Health Council Winter Gathering in Las Vegas, NM on December 8th, sponsored by NM DOH Health Promotion and NM Alliance of Health Councils. The seasonal event allows 10 counties and tribal health councils to collaborate outside of county lines. She also attended the NM Public Health Association's 13th Annual Health Policy Forum entitled Effective Advocacy: From Grassroots to the Roundhouse on December 9th, highlighting just 3 important legislative proposals: NM Alliance of Health Councils aim to restore \$700K for NM's 38 county and tribal health councils; allowing undocumented immigrants to apply for Medicaid coverage based on income eligibility to promote a cost savings and widespread use of Emergency Medicaid services; and \$0.25 per drink alcohol tax increase for expanding alcohol-related harms, and continued health care coverage under Medicaid expansion. For more information, please contact deni.fell@lacnm.us or call 663-1875.

NM Alliance for Health Councils: Terrie Rodriguez, Executive Director, joined the meeting via phone. She shared the purpose of the Alliance is to raise awareness of the importance of community health councils and invited members to attend Public Health Day at the Legislature Wednesday, February 1st, 8 a.m.-4 p.m. Important bills will be heard on both the House and Senate floors. For more information, please contact terrie@nmhealthcouncils.org.

Los Alamos Family Council (LAF): Joy Beery announced the Youth Activity Center in Los Alamos has moved into its temporary location across the street to the Miles Building while the 20th Street location undergoes a remodel. New Program Director, Jordan Redmond, has been on board for about a month and is excited about the refreshing changes in the coming months. LAF also welcomes a new therapist intern for the Spring semester. For more information, please call 662-4160, or visit <http://lafamilycouncil.org/>

Los Alamos Retirement Community (LARC): Cynthia Goldblatt, Community Liaison, announced there are currently 64 residents at Sombrillo Nursing and Rehabilitation Center and 64 residents at Aspen Ridge Lodge. She is looking for speakers for the very popular Speaker's Bureau. Workshops for training a Dementia Friendly Community are also available. For more information, please call Cynthia at 695-8981.

Family Strengths Network (FSN): Carie Fanning announced a Special Saturdays event making snowbird houses and sledding (snow permitting) to be held on Saturday, January 21st from 10a.m.-12p.m. Infant CPR will be offered on Saturday, January 28th from 10 a.m. – 12 p.m. instructor Steve Bond – cost is \$40 per individual, \$55 for certification, childcare is available for \$5 (please request 1 week in advance). For more information, please visit www.lafsn.org or call 662-4515.

Los Alamos Heart Council: Phil Gursky announced there will be a Heart Month Seminar in February at the First Baptist Church in Los Alamos, specific date and topics to be determined at the December 7th Heart Council meeting. For more information, please contact Phil at 267-816-0299.

Update: Older Adult Services Network

Pauline Schneider

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Pauline reported the Older Adult Services Network received a mini-grant award to be used for various programming aimed at Dementia Friendly Initiative, Senior Driving Forums, and Falls Prevention. An Alzheimer's Awareness PSA created by local residents, agency volunteers and PAC-8 is currently running at the Reel Deal Theater. For more information, please contact director@losalamos seniorcenter.com or call 662-8920.

Presentation: LAC Office of Emergency Management / Code Red Citizen Alert

Beverley Simpson

Beverley Simpson, Emergency Services Commander, presented brochures and information about the Code Red Citizen Alert system in place for Los Alamos County residents. She encouraged everyone to register online to ensure important safety information and updates are received as the County changed vendors since 2011 (Las Conchas Wildfire). Please remember to include your child's number (typically ages 13 and over) in the event you are at work. Be sure to have a plan in place. Ms. Simpson went on to share that Emergency Management works in conjunction with Los Alamos Fire Department and Los Alamos Police Department, utilizing AM Radio 1610 for communications. She is available to speak to groups such as the Senior Centers and Falls Coalition. For more information, please visit <http://www.losalamosnm.us/EMO/Pages/default.aspx> or contact beverley.simpson@lacnm.us , 505-662-8283.

President's Report

Cynthia Goldblatt

Cynthia Goldblatt reported a meeting will be held on January 26th with Los Alamos County and Department of Health representatives regarding Los Alamos Public Health Office.

Next Meetings/Other

Cynthia Goldblatt

Next meeting: February 2, 2017

Presentations: Basic Needs Subcommittee Update

Future Presentations: LAC Assessor's Office, Los Alamos Community Foundation, Aging & Disability Resource Center (ADRC), Las Cumbres Grandparents Raising Grandchildren, Food Depot, WEB Crew, and others

Meeting adjourned at 1:21 p.m.

Respectfully Submitted,

Deni Fell, Coordinator
Los Alamos Community Health Council