

# minutes

Los Alamos Community Health Council		
2.2.2017	12:00-1:30 pm	Room 330, Municipal Building
Meeting called to order at 12:04 p.m.	Cynthia Goldblatt, President	
Approval of Agenda and Minutes		
A motion to approve the agenda, as presented, was moved by Vice President Morrie Pongratz, and seconded by Member Ellen Morris-Bond; motion was unanimously approved.		
A motion to approve the January 5, 2017 meeting minutes, as corrected, was moved by Member Mary Beth Maassen, seconded by Member Donna McHenry.		
Round Table of Member Activities		
Only announcements noted here		
JJAB: Cindy Koehler, Family Resource Advocate, announced a free Youth Mental Health First Aid training to be offered on Friday, February 24 <sup>th</sup> and Saturday, February 25 <sup>th</sup> at UNM-LA. Please contact Andrea Cunningham at <a href="mailto:andracjjab@gmail.com">andracjjab@gmail.com</a> for more information.		
LAC Social Services: Deni Fell, Case Coordination Specialist, shared that she attended the New Mexico Association of Counties Legislative Conference on January 18 & 19 in Santa Fe, attending various Health Services Affiliate meetings and workshops. Of particular interest, Opening General Session included keynote speaker, Dr. Kim Carpenter, San Juan County CEO. He shared snippets of an inspirational story of his journey and commitment against all odds about fulfilling his vow, later to become a major motion picture, <i>The Vow</i> . Deni also reported that Point-in-Time surveys were compiled with the help of LAPD Detention officers on January 23 <sup>rd</sup> for the Coalition to End Homelessness. Surveys will serve as a measure for providing homelessness statistics as reported by numerous agencies throughout the state. For more information, please contact <a href="mailto:deni.fell@lacnm.us">deni.fell@lacnm.us</a> or call 663-1875.		
On behalf of Suzanne Canfield, NM Nurse's Association, Deni shared the annual Nurse's Center Capitol Challenge would take place on Tuesday, February 14 <sup>th</sup> , also National Nurse's Day, at the State Capitol. For more information, please call 690-6975.		
The Family YMCA: Linda Daly announced the annual fundraiser to provide financial assistance and subsidies for youth programs, the Red & Black Ball, <i>Havana Nights</i> , will be held at Buffalo Thunder Resort & Casino on Saturday, March 18 <sup>th</sup> from 5-11 p.m. Raffle tickets for a 10-day trip to Kona, Hawaii are on sale now. The winner will be announced during the Red & Black Ball (and need not be present to win). A free "Relieve Your Pain" workshop is being offered on Feb. 22 at 6 p.m. at the Y Express. A call for YMCA Bandelier Corps is underway for youth summer employment at Bandelier National Monument. Look for applications under Careers or Youth at <a href="http://www.laymca.org">www.laymca.org</a> For more information, please contact <a href="mailto:dmartinez@laymca.org">dmartinez@laymca.org</a> or <a href="mailto:lf Daly@laymca.org">lf Daly@laymca.org</a> or call 662-3100.		
DWI Planning Council: Morrie Pongratz announced a Buzz Bus, providing safe rides in Los Alamos County, will be available for Super Bowl Sunday from 2-5 p.m. The New Year's Even Buzz Buss was quite a success. For more information, please contact Kirsten Bell, DWI PC Coordinator at 662-8241.		
United Way of NNM: Kristy Ortega shared that work continues on the Behavioral Health Initiative and a new voucher system is being developed. Also, please save the date April 28, 2017, for a Los Alamos Community Foundation Conference. For more information, please contact <a href="mailto:kristy@unitedwaynm.org">kristy@unitedwaynm.org</a> or call 663-3891.		
LAPS Prevention Office: Bernadette Lauritzen announced that February is Healthy Relationships Month. Future Topper Night will be held on February 2 <sup>nd</sup> and the Topper Sampler will be Wednesday, February 15 <sup>th</sup> . For more information, please contact <a href="mailto:b.lauritzen@laschools.net">b.lauritzen@laschools.net</a> or call 663-3252.		

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LAC CDD: Andrew Harnden, Housing Program Manager, announced there will be a Senior Housing Forum at the Betty Ehart Senior Center on Tuesday, February 7<sup>th</sup> from 9:30-11:30 a.m. He also spoke to the Home Rehabilitation Program and the Homebuyer Assistance Program. For more information, please contact the Community Development Department at 662-8120, <http://www.losalamosnm.us/cdd/housing/Pages/default.aspx> or [Andrew.harnden@lacnm.us](mailto:Andrew.harnden@lacnm.us)

JudyGailsPlace: Amber Grady-Fuller announced the organization will now be utilizing a private server to ensure more secure client confidentiality. For more information, please contact [judygailsplace@gmail.com](mailto:judygailsplace@gmail.com) or 505-709-8066.

Los Alamos Teen Center/The Family YMCA: Sylvan Argo, Director, announced Girls Circle & Boys Council at the middle and high schools are starting up February 27<sup>th</sup> & 28<sup>th</sup>, please register at the Teen Center. Teen Dating Violence Awareness activities will be ongoing throughout the month of February; a teen-planned event is in the works for Friday, February 24<sup>th</sup>, please stay tuned; teen counseling and support group numbers are up – opportunities for more funding are being explored. For more information, please visit <https://www.facebook.com/LATeenCenter/> or call 695-7415.

LAPS: Kristine Coblenz, Healthy Schools Initiative Director, shared the LAPS/NMDOH event entitled Risk Factors for Suicidal Behaviors Among Los Alamos Youth was a huge success, approximately 80-90 were in attendance. A group of 8 students were training last month for a youth-led initiative group called RAPS which will examine the most recent YRRS data and begin to facilitate discussions and action plans going forward. For more information, please contact [k.boblentz@laschools.net](mailto:k.boblentz@laschools.net) or call 663-2263.

LA Cares: June Gladney announced its business as usual with a food distribution happening next week. The organization typically provides 75-85 boxes per month. Last year 128 families received assistance with rent and utilities payments. Food distribution takes place on the second Friday of every month, and the Thursday evening before. For more information, please call 661-8015.

LAMC: Mary Beth Maassen announced LAMC's Interim CEO has been named permanent, John Whiteside; a new radiologist has just relocated to Los Alamos from Sierra Vista, AZ, Dr. Tim Rolle; also relocating from AZ is the new Imaging Director, Susan Cazaux; 3-D tomography will be available in June; and Friday, February 3 is Wear-Red-Day for Happy Heart Health Month. For more information please contact Mary Beth Maassen [marybeth.maassen@lpnt.net](mailto:marybeth.maassen@lpnt.net) or call 505-661-9184.

Los Alamos Heart Council: Phil Gursky announced the Heart Month Seminar will be held on March 7<sup>th</sup> at 5:30 p.m. at the First Baptist Church in Los Alamos. Free dinner will be provided and Dr. Rai, Lovelace Heart Hospital, will speak to Women's Heart Health. For more information, please contact Philip Gursky at 267-816-0299.

Lemonade Living (fka Lemonade Therapy Co-Op of Los Alamos): Melissa Arias shared the target start date for the activities co-op is June 2017, as the board continues to work toward a long term residential campus. A volunteer coordinator is looking to form subcommittees for providing positive life skills for adults with special needs who age-out of the school system special needs programming. For more information, please contact Melissa at her *new* email address [lemonadelivingla@gmail.com](mailto:lemonadelivingla@gmail.com) or call 505-500-5281.

Family Strengths Network (FSN): Carie Fanning announced a new resource aid has joined the team and has interest in getting a garden going on Wednesdays from 1-3 p.m. Looking ahead to March 9<sup>th</sup> *Parents Reaching Out* will conduct a Record Keeping Workshop and Recipes for IEP Success talk related to special needs education from 6-7:30 p.m. Also, FSN will be collaborating with the Los Alamos Senior Centers for a new Adopt-a-Grandparent program. For more information, please visit [www.lafsn.org](http://www.lafsn.org) or call 662-4515.

Los Alamos Family Council (LAFC): Cheryl Pongratz shared it's been very busy month for LAFC, as mental health and substance use issues continue to be addressed in our community. As a side, she also announced the Los Alamos Public Schools Foundation will be looking to hire a new Executive Director, as Joanna Gillespie has announced her retirement. For more information, please visit <http://lapsfoundation.com/> and for more information related to LAFC, please call 662-4160.

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LAFD/Falls Coalition: Donna McHenry shared that community outreach tripled in the past year, touching over 24,000 people in and around our community. She invited the community to attend Project Heart Start, a free hands only CPR, for anyone ages 5 and up, coming to Fuller Lodge sometime in June. Please watch for announcements. She encouraged members to become aware of AED locations around the County (equipment for cardiac arrest emergencies). The Falls Coalition hopes to begin home visits sometime this month. For more information, please contact [donna.mchenry@lacnm.us](mailto:donna.mchenry@lacnm.us) or 662-8307.

Los Alamos Retirement Community (LARC): Cynthia Goldblatt, Community Liaison, announced that LARC has just donated an 8-seater van to Casa Esperanza Shelter. She welcomes speakers for the very popular Speaker's Bureau, and invited members to attend the March 9<sup>th</sup> program called Healthy Hearts, hosted by Aspen Ridge Lodge and in conjunction NMSU Cooperative Extension Services from 2-3 p.m. For more information, please call Helen Idzorek at 662-2656 or Cynthia at 695-8981.

## Update: Basic Needs Subcommittee

Ellen Morris-Bond

Ellen Morris-Bond shared the Basic Needs Subcommittee continues to meet on the 4<sup>th</sup> Tuesday of each month in the upstairs meeting room at Smith's Marketplace from 10:30-11:30 a.m. Topics include housing, homelessness, and relationships between healthcare and mental health issues. Members recently participated in the Point-in-Time survey put out by the Coalition to End Homelessness. The group recently updated its faith-based organizations resource list. Ellen deferred to Deni Fell, Social Services Division, to share that the County's Health Care Assistance Program (HCAP), has funding to support qualified residents with indigent burials. For more information, please call 662-4666, or email [selfhelpla@gmail.com](mailto:selfhelpla@gmail.com).

## Presentation: LAC Assessor's Office

Ken Milder & Joaquin Valdez

Ken Milder, Assessor, and Joaquin Valdez, Chief Deputy Assessor, provided a PowerPoint presentation about possible property tax savings, rebates for low-income residents, and exemptions versus valuation limitations. Property tax exemptions are not all age-related, that is, they apply to everyone. There is an annual deadline to apply for property tax exemptions: 30 days after mailing the annual Notice of Value, usually mailed on April 1. If the deadline is missed, taxpayers can still apply, but the exemption will not go into effect until the next tax year. Forms were made available. For more information, please visit <http://www.losalamosnm.us/assessor/Pages/NOVsandExemptions.aspx> or contact 505-662-8030.

## President's Report

Cynthia Goldblatt

Cynthia Goldblatt reported the January 26<sup>th</sup> meeting with Los Alamos County and Department of Health representatives regarding the Los Alamos Public Health Office has been rescheduled for February 8, 2017.

## Next Meetings/Other

Cynthia Goldblatt

Next meeting: March 2, 2017

Presentations: Resiliency Subcommittee Update

Future Presentations: Aging & Disability Resource Center (ADRC), Las Cumbres Grandparents Raising Grandchildren, CASA, The Food Depot, NMSShare, WEB Crew, and others

Meeting adjourned at 1:20 p.m.

Respectfully Submitted,

Deni Fell, Coordinator  
Los Alamos Community Health Council