

# minutes

Los Alamos Community Health Council		
4.6.2017	12:00-1:30 pm	Room 330, Municipal Building
Meeting called to order at 12:01 p.m.		Cynthia Goldblatt, President
Approval of Agenda and Minutes		
A motion to approve the agenda, as presented, was moved by member Larry Martinez, and seconded by Member Ellen Morris Bond; motion was unanimously approved.		
A motion to approve the March 2, 2017 meeting minutes was moved by Member Bernadette Lauritzen, seconded by Member Ken Hendricks; motion passed unanimously.		
Round Table of Member Activities		
		Only announcements noted here
Los Alamos Family Council: Joy Beery shared the remodel project for the Youth Activity Center in Los Alamos is going quite well despite a construction set back; the temporary location is conveniently located across the street in the Miles Building. For more information, please call 662-4160.		
LAC Social Services: Kim Gabaldon, Social Services Manager, shared about her participation in a panel presentation at the NM Public Health Association Annual Conference April 5 <sup>th</sup> in Albuquerque. She and counterparts from Santa Fe, Rio Arriba and Taos Counties are working collaboratively on project called RHANE, Regional Health Alliance of the North East. For more information, please contact <a href="mailto:kim.gabaldon@lacnm.us">kim.gabaldon@lacnm.us</a> or call 662-8312.		
LAC Social Services: Deni Fell, Case Coordination Specialist, announced a free one-hour Dementia Friendly Community Training will be offered on Thursday, April 27 <sup>th</sup> from 10-11 a.m. in Room 110 at the Los Alamos County Municipal Building. This training is great for anyone interfacing with the public, and has recently been approved by the Human Resources Department for all county employees. Be sure to reserve a space for this training as space is limited. For more information, please contact <a href="mailto:deni.fell@lacnm.us">deni.fell@lacnm.us</a> or call 663-1875.		
LA Cares: Lynn Havel shared the next food distribution dates will be April 13 <sup>th</sup> and 14 <sup>th</sup> and May 11 <sup>th</sup> and 12 <sup>th</sup> . (the second Friday of every month, and the Thursday evening before). Also, the Spring Food Drive will be Saturday, May 13 <sup>th</sup> at the Knights of Columbus Hall. This drive is assisted by the Boy Scouts and USPS mail carriers. Food donations will also be accepted next to your mailbox on Saturday morning. For more information, please call 661-8015.		
JJAB: Andrea Cunningham announced a Youth Mental Health First Aid class will be offered May 5 & 6 at UNM-LA, please contact <a href="mailto:andracjjab@gmail.com">andracjjab@gmail.com</a> to register. The Los Alamos Public School Board will conduct public budget meetings at the end of the month in both White Rock and Los Alamos, and a regular LAPS Board meeting will be held April 18 <sup>th</sup> at 5:30 p.m., location TBD. For more information, please contact <a href="mailto:a.cunningham@laschools.net">a.cunningham@laschools.net</a>		
LARSO: Pauline Schneider announced a 50's Volunteer Appreciation Party to include live music and dancing to honor the many senior volunteers in our community. Sure to bring hundreds out for a good time. As a reminder, slots are available for at-risk seniors in the Adult Day Program. Members are encouraged to be aware of neighbors or community members who could benefit from referrals to Adult Protective Services. The Senior Centers can help make APS calls, but cannot make referrals into their own programs. For more information, please contact <a href="mailto:director@losalamosseniorcenter.com">director@losalamosseniorcenter.com</a> or call 662-8920.		
LAPS Prevention Office: Bernadette Lauritzen shared that activities for the March 15 <sup>th</sup> Kick Butts Day (tobacco awareness) were a success; a MADD Power of Parenting presentation will be offered on April 12, and watch for Youth Mobilizer Power of Youth at the Teen Center on April 21 <sup>st</sup> . April 2-8 is Crime Victims Awareness Week, please show your support. For more information, please contact <a href="mailto:b.lauritzen@laschools.net">b.lauritzen@laschools.net</a> or call 663-3252.		

# minutes

NM DOH: Naomi Brodkey announced the NE Regional Spring Health Council Gathering will be held on Tuesday, May 2<sup>nd</sup> from 9:30-3:30 at the Santa Fe School for the Deaf. This event is open to all health council members and lunch will be provided. Please RSVP in advance to ensure proper count for meals. For more information, please contact [Naomi.Brodkey@state.nm.us](mailto:Naomi.Brodkey@state.nm.us) or call 505-753-7957.

Los Alamos Teen Center/The Family YMCA: George Marsden, Assistant Director, announced Director Sylvan Argo will return from maternity leave on April 10<sup>th</sup>. "Summer if Almost Here," a teen pool party will be on Friday, April 28<sup>th</sup> from 7-10 p.m. at the Los Alamos County Aquatic Center; come join the fun with food, live DJ, games, and prizes. For more information, please visit <https://www.facebook.com/LATeenCenter/> via email at [gmarsden@laymca.org](mailto:gmarsden@laymca.org) or call 695-7415.

JudyGails Place: Amber Grady Fuller announced a successful launch of a new chat feature to the website, where visitors can post anonymous questions for discussion. The messages will be checked at least once per day by staff. Please visit <http://www.judygailsplace.org/> or via email contact [judygailsplace@gmail.com](mailto:judygailsplace@gmail.com) or call 505-709-8066.

LAC CDD: Andrew Harnden, Housing Program Manager, announced that the 6 week application period is now open for the Home Rehabilitation Program, please listen for ads on KRSN Radio. For more information, please visit <http://losalamosnm.hosted.civiclive.com/cms/One.aspx?portalId=6435810&pageId=6503012> or call 662-8120.

Home Instead Senior Care: Ken Hendricks announced an upcoming Dementia Friendly Training scheduled for April 27<sup>th</sup> from 10-11 a.m. in the County Municipal Building. He went on to recommend CNA classes offered at UNM -LA, and encouraged caregivers to apply for positions at Home Instead. For more information, please contact [ken.hendricks@homeinstead.com](mailto:ken.hendricks@homeinstead.com) or call 661-8040.

NM Nurses Association: Suzanne Canfield announced the NMNA will Offer a workshop entitled Nursing: The Balance of Mind, Body, and Spirit on Friday, May 12<sup>th</sup> from 9a.m. - 5p.m. at Hotel Santa Fe with keynote speaker Pam Cipriano, PhD, RN, NEA-BC, FAAN President of American Nurses Association. For more information, please call 690-6975 or email [sjcanfield@comcast.net](mailto:sjcanfield@comcast.net).

Self Help, Inc.: Ellen Morris Bond introduced new volunteer, Ethel Watch. She went on to speak highly about an ongoing project contract with Mesa Del Norte Apartments for providing support services, financial literacy, and assistance with basic needs for tenants. The annual Empty Bowls fund raising event will be replaced with a couple of events to be held at the Pig and Fig this year. Transition plans for the Executive Director position will soon be underway. For more information, please visit <http://selfhelpla.org/> or call 662-4666.

Presbyterian Medical Services: Larry Martinez announced the startup of New Access Point on April 13<sup>th</sup> at 8 a.m., located at 2504 Camino Entrada in Santa Fe. This will increase access to health care for persons and families having difficulties finding providers. During the recent legislative session, a \$6.1 billion budget was passed and submitted to the Governor along with SB 202 which provides revenue to balance the budget. SB 202 does not remove exemption of non-profit organizations from paying gross receipts taxes. The Governor has indicated she will likely veto budget bill. If this occurs, a special session will be necessary. For more information, please contact [Larry.Martinez@pmsnm.org](mailto:Larry.Martinez@pmsnm.org) or call (505) 955-1212.

Los Alamos County Council: Vice Chair Susan O'Leary announced the County's annual budget hearings will be April 17<sup>th</sup> & 18<sup>th</sup> and April 24<sup>th</sup> & 25<sup>th</sup>. She shared Los Alamos County and Los Alamos Public Schools met to discuss the public health nurse position and are committed to exploring options going forward. To contact a County Councilor, please visit [http://www.losalamosnm.us/government/county\\_council/council\\_members/](http://www.losalamosnm.us/government/county_council/council_members/)

# minutes

Los Alamos Community Foundation: David Izraelevitz announced a Spring Conference for Nonprofits to be held at UNM-LA on Friday, April 28<sup>th</sup> from 8 a.m. - 2 p.m. Please be sure to RSVP by April 17<sup>th</sup> as a light breakfast and lunch will be prepared by Secret City Kitchen. For more information, please contact [david.izraelevitz@alum.mit.edu](mailto:david.izraelevitz@alum.mit.edu) or visit <http://www.losalamoscf.org/>

LAPS: Kristine Coblentz, Healthy Schools Initiative Director, shared that a community book read began March 18<sup>th</sup>. If you're interested in joining the discussion group for [How to Raise an Adult: Break free of the Overparenting Trap and Prepare Your Kid for Success](#) by Julie Lythcott-Haims, three copies are still available. Collaboration with JJAB is underway to organize public showings of the documentary film *Screenagers*. Please watch for announcements in the weeks ahead. For more information, please contact [k.coblentz@laschools.net](mailto:k.coblentz@laschools.net) or call 663-2263.

Alzheimer's Association: David Davis shared a flier with a series of special events to benefit the Alzheimer's Association: Breakfast at Los Alamos Posse Lodge 6/4, Santa Fe Walk Kick Off Party 5/12, Trivia Night & Silent Auction 6/9, Ride for ALZ Motorbike Tour & Rally 7/22, and the 2017 Santa Fe Walk to End Alzheimer's 8/26. For more information, please contact [dldavis@alz.org](mailto:dldavis@alz.org) or 505-473-1297.

Los Alamos Retirement Community (LARC): Cynthia Goldblatt, Community Liaison, announced a Hearing and Balance Disorders talk on Wednesday, April 26<sup>th</sup> at Aspen Ridge Assisted Living. No RSVP required, refreshments will be served. For more information, please call Cynthia at 695-8981.

## Update: Older Adult Services Network

Pauline Schneider

Pauline Schneider thanked Cynthia Goldblatt for presenting a Fall Prevention workshop at Trinity on the Hill Church. She announced the March 19<sup>th</sup> Senior Driving Forum had 10 in attendance and was well received as David Davis from the Alzheimer's Association included some very realistic videos and conducted some very difficult conversations around the topic. On April 4<sup>th</sup> the group presented a Dementia Friendly Training to the CNA class at UNM-LA, and another 6-week Savvy Caregiver class will begin at the White Rock Senior Center on May 4<sup>th</sup> from 6-8 p.m. For more information, please contact [director@losalamosseniorcenter.com](mailto:director@losalamosseniorcenter.com) or call 662-8190.

## Presentation: CASA – Court Appointed Special Advocates

Annie Rasquin, Bob Martin, & Lisa Gonzales

Annie Rasquin, Executive Director, began the presentation by asking, "How many of you have heard of CASA?" With a show of a few hands she then described the CASA, Court Appointed Special Advocates, was established in the First Judicial District in 1995. Its mission is to support and promote court-appointed volunteer advocacy so that abused and neglected children in Santa Fe, Rio Arriba, and Los Alamos Counties can be safe, establish a permanent home and have the opportunity to thrive. Volunteers are highly trained advocates for foster children who gets to know not only the child they serve, but all the people that are part of that child's life – foster parents, doctors, teachers, therapists, CYFD, and so on. This advocacy from CASA volunteer literally saves lives. Mr. Bob Martin and Ms. Lisa Gonzales shared their very touching and special stories about becoming CASA volunteers and how it's changed their lives for the better. To learn more about how you can help or become a volunteer, please contact CASA at 505-820-1500 or visit [www.casafirst.com](http://www.casafirst.com)

## Chair's Report

Cynthia Goldblatt

Cynthia Goldblatt reported Leadership Team elections are coming up, we'll look to accept nominations for two-year term volunteer positions at the May meeting and then cast a ballot at the June meeting. Please consider attending the Youth Resiliency Committee meeting from 10-11 a.m. on Monday, April 13<sup>th</sup> at the Teen Center. UNM-LA Job Fair underway today until 4 p.m. in Building 2.

# minutes

Next Meetings/Other	
	Cynthia Goldblatt
Next two meetings: May 4 <sup>th</sup> and June 1 <sup>st</sup> NO JULY MEETING Presentations: Aging and Disabilities Resource Center and Older Adult Services Network Update Future Presentations: The Food Depot, Las Cumbres Grandparents Raising Grandchildren, LANL EAP/Occ Med/Ombuds, NMSHare, WEB Crew, and others	
Meeting adjourned at 1:12 p.m.	

Respectfully Submitted,

Deni Fell, Coordinator  
Los Alamos Community Health Council