

minutes

LACHC		
9.7.2017	12:00-1:30 pm	Rm 330, Municipal Building
Meeting called to order at 12:05 p.m.	Cynthia Goldblatt, Chair	
Approval of Agenda and Minutes		
A motion to approve the agenda was moved by Member Philip Gursky, and seconded by Member Morrie Pongratz; motion was unanimously approved.		
Minutes for the meeting of August 3, 2017, were unanimously approved; Member Philip Gursky moved, Member Pauline Schneider seconded.		
Round Table of Member Activities		
	Only announcements noted here	
LAFD: EMS Chief Benjamin Stone, announced the Resuscitation Academy happening on Sept. 29 & 30, a free event from 8-5pm with breakfast provided by United Way of NNM and lunch provided by Los Alamos Medical Center. Those interested need not attend both days, and can expect to increase your understanding of the interventions important to pre-hospital cardiac arrest survival and learn and train others to deliver High Performance CPR in your community." To find out more, please email Benjamin.stone@lacnm.us or call 662-8301 or 709-0728.		
JJAB: Christine Martinez, introduced herself as the new Youth Resource Specialist, and will be working with high school aged youth. She can be reached at jjabyra7@gmail.com		
Cindy Koehler, Family Resource Specialist announced a free workshop Parenting University- The Bully, the Bullied, and the Not-So-Innocent Bystander with Barbara Coloroso on Saturday, Sept. 23 from 8:30-12:30 at UNM-LA, Building 2. A light breakfast will be served and childcare is available through the Ark Child Development Center, call the Ark at 662-4822. Also, the Dolly Parton Imagination Library kickoff event was a huge success surpassing the goal of registering 100 children! To date 268 have been enrolled, thanks were expressed to participants and community partners at FSN, First Born of Los Alamos, PEEC and Mesa Public Library. For more information, please contact www.losalamosjjab.com or call 662-0346.		
LAC Social Services: On behalf of Andrew Harnden from the County's Housing Programs Division, Deni Fell, announced the Homebuyer Assistance Program application period will be opening mid-November. Applicants must meet income qualifications at or below 80% of the Area Median Income (AMI). Please watch for advertisements starting in mid-October. Also, Deni conveyed attendance regrets on behalf of Larry Martinez, PMS Director North Central Region. He will be bring his updates to the October meeting. Open Enrollment will soon be underway for Medicare Parts C & D from October 15 th through December 7 th and Affordable Care Act Insurance Open Enrollment will begin on November 1 st , ending this year on December 15, 2017. For more information, please contact Deni Fell at 663-1875 or Eloisa Sanchez at 662-8068; for general Social Services Division information, visit http://www.losalamosnm.us/cs/socialservice/Pages/default.aspx		
NM Alliance for Health Councils: Terrie Rodriguez, Executive Director, shared the Alliance has applied to Con Alma Foundation to receive intern subsidies for a pilot project for health councils in partnership with local university programs; She mentioned NMSU and UNM already have such programs in place. For more information, please contact terrie@nmhealthcouncils.org or 505-231-1177.		
LA Cares: June Gladney announced the food distribution will take place this evening, September 7 th as well as Friday, September 8 th . Donations are still being accepted at the Farmer's Markets, which has been successful. For information about LA Cares, please call 661-8015.		

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DWI Planning Council: Morrie Pongratz reminded members that the highest percentage of DWI's issued in Los Alamos County are males between the ages of 20-35 years. DWI PC will have a booth at the Los Alamos Health Fair on Saturday, Sept. 23rd.

United Way of NNM: Morrie announced an annual fundraiser, "Dinner Over Diamond," a unique dining experience on the Diamond Drive Overpass Sunday, 9/17 from 4-7 p.m. For more information, please contact Kristy Ortega at kristy@unitedwaynm.org or call 663-3891.

LAPS Foundation: Morrie announced a fundraising dinner event, "Taste of Knowledge," on Saturday, October 14th from 5-8 p.m. at the old De Colores restaurant location; tapas will be served. For more information, please call Laura Loy at 505-500-6501.

NM DOH: Naomi Brodkey announced the NE Regional Health Promotion Team would like to invite all health council members to a Fall Webinar on Wednesday, November 29th, time TBD; as well as a Spring Health Council Gathering on Tuesday, April 26th, 2018, time and location TBD. The Robert Wood Johnson Foundation is accepting applications for the Culture of Health Prize, for communities that place a priority on health; up to 10 communities can win a \$25K prize. DOH can offer technical assistance, please visit www.rwjf.org for more information. There was mention that 2016 data has been made available on IBIS, a statewide repository of health information for the state, and Community Health Epidemiologist, Gwendolyn Gallagher can offer assistance for those seeking interpretation. She's also just shared some statistics related to Falls in Los Alamos County (Health Council Coordinator shared this handout). For more information, please contact Naomi.Brodkey@state.nm.us or call 505-753-7957.

NM Nurse's Association: Suzanne Canfield announced a couple of Senior Nutrition lunchtime talks presented on Sept. 5th at the Betty Ehart Senior Center and Sept. 6th at the White Rock Senior Center. She mentioned Los Alamos has 'Super Seniors,' seniors averaging 80 years plus! For more information, please call Suzanne at 690-6975.

First Born Program of Los Alamos (FBPLA): Molly McBranch, Program Co-director, announced that over 60 families are being served and FBPLA has received its Level II funding which will allow for wrap-around case management including substance use issues, incarceration, ACES, and mental health treatment. For more information, please contact Molly at mmbranch@firstbornla.org or call 505-661-4810.

Department of Health, Epidemiology and Response Division (ERD): Rosa Lopez, Health Data Dissemination Coordinator, spoke to the release of 2016 Health Data. Although reports have not yet been made available, some have been making it onto social media – If you would like to be included on health data releases, like NMDOH-ERD on Facebook, Twitter and Instagram. For more information, please contact rosa.lopez@state.nm.us or 505-476-3739.

Los Alamos Heart Council: Phil Gursky announced the annual Los Alamos Health Fair will be Saturday, September 23rd from 8am-12 Noon at Griffith Gym, LAHS. There are a few booths still available, please see website for application packets <http://www.losalamosheartcouncil.org> For more information, please contact Philip Gursky at 267-816-0299 or email philipgursky@aim.com

LARSO: Pauline Schneider, announced an Alzheimer's Seminar – Late Stages, on Monday, September 18th at 1pm at the Betty Ehart Senior Center. Also, a Savvy Caregiver training will begin on Saturdays from 10:30-12:30 on the lower level of BESC now through November 7th. Additionally, LAPD Detective Wolking will be speaking about "Scams," as vulnerable populations can be easy targets; Det. Wolking will be at the lunchtime talks on Wednesday, 9/13 BESC and Thursday, 9/14. For more information, please call 662-8920.

Community Member: Mary Yamada spoke to the topic of Grandparents Raising Grandchildren and hopes to begin a process to begin a nonprofit support group here in Los Alamos. For more information, please email mary.d.yamada@gmail.com or call 505-235-9557.

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Family Strengths Network (FSN): Carie Fanning announced the third annual Lucky Ducky Day Carnival on Saturday, Sept. 23rd from 10am-2pm. Come race ducks, play games, bounce house/slide, take part in a silent auction and so much more! Parenting with Love and Logic classes to begin soon, please check the various classes for specific information at www.lafsn.org. For more information, and please call 662-4515.

Los Alamos Retirement Community (LARC): Cynthia Goldblatt, Community Liaison, announced the Annual Board Meeting and Donor Meeting will be on September 25th at 4 pm at Aspen Ridge Lodge. For more information, please call 661-0066 or to reach Cynthia, dial 695-8981.

Update: Basic Needs Subcommittee

Cynthia Goldblatt for Ellen Morris Bond

Cynthia Goldblatt announced that she will be leading the Basic Needs Subcommittee as Chair going forward, as Ellen Morris Bond prepares for retirement. She briefly summarized areas the Committee may consider exploring in future and welcomed members to attend the next regular meeting on the fourth Wednesday of the month, September 27th at 1pm in the Small Business Center Conference Room. For more information, please contact Cynthia at cgoldblatt@larcnm.com or call 695-8981.

Presentation: Research on Aging & Grandparents Raising Grandchildren

Anne Hays Egan, New Ventures Consulting

Anne Hays Egan shared findings from her recent work and presentation at the NM Conference on Aging and research as a consultant for the Con Alma Health Foundation, *Research on Aging & Grandparents Raising Grandchildren (GRG)*. From her presentation, we can take away key findings and recommendations for understanding the trend and stemming the tide here in New Mexico. Grandparents Raising Grandchildren face financial, health, housing, education, and work challenges that impact their lives and retirement plans. Some of the primary reasons for GRG include: poverty, behavioral health issues, young & single parents, deployment, and incarceration. Some recommendations or strategies to address moving forward include addressing the social determinants of health – levels of education, income, assets, and poverty rates.

Chair's Report

Cynthia Goldblatt

Cynthia Goldblatt shared that a new task force will be forming related to the issues that involve the sensitive topic of hoarding in our community. LACHC will work toward meeting several deliverables as proposed by the Health Council Coordinator, Deni Fell, for FY18 NM DOH Health Council Deliverables, as will be reported to NM DOH Health Promotion.

Next Meetings/Other

Cynthia Goldblatt

Next meeting: October 5, 2017

Subcommittee Update: Youth Resiliency Subcommittee

Future Presentations: Las Cumbres Grandparents Raising Grandchildren, NM DOH Epidemiology Legislative Workshop, LANL EAP/Occupational Medicine, LAPS Prevention Office, Women's Veterans Program – NM Dept. of Veterans' Services, Alzheimer's Association, Somos Amigos, Adult Protective Services, and others

Meeting adjourned at 1:26 p.m.

Respectfully Submitted,

Deni Fell, Coordinator
Los Alamos Community Health Council