

minutes

LACHC		
10.5.2017	12:00-1:30 pm	Rm 330, Municipal Building
Meeting called to order at 12:04 p.m.	Cynthia Goldblatt, Chair	
Approval of Agenda and Minutes		
A motion to approve the agenda, as amended, was moved by Member Larry Martinez, and seconded by Member Cheryl Pongratz; motion was unanimously approved.		
Minutes for the meeting of September 7, 2017, were unanimously approved; Member Suzanne Canfield moved, Member June Gladney seconded.		
Round Table of Member Activities		
Only announcements noted here		
Los Alamos Family Council: Cheryl Pongratz shared the Annual Boots & Badges Fall Ball will be held on November 11 th at Buffalo Thunder Resort & Casino at 6:30 PM; this year it will honor Emergency Responders and Veterans. For more information, please call 662-4160.		
JJAB: Andrea Cunningham announced a free training, Youth Mental Health First Aid, will be offered on Friday, Oct. 27 th and Saturday, Oct. 28 th . The training will cover youth who may be at risk, interacting with youth, and accessing interventions for suicidal youth. For more info please contact Andrea at andreacjabb@gmail.com		
LAPS Board: Andrea Cunningham announced a Public School Board joint meeting with PED on Oct. 16 th from 9-12 noon in Mabry Hall in Santa Fe to discuss science standards, public comment will be accepted until 5pm via email. New science standards will remove references to evolution, vaccines, climate change and the age of the earth. Also, public meetings on school start time changes will be in October in both White Rock and Los Alamos, dates and location to be finalized on Tuesday, Oct. 10 th . Please watch for a press release. For more information, please contact Andrea at a.cunningham@laschools.net		
United Way of NNM: Kristy Ortega announced "High Tea on the Hill" event on Oct. 15 th from 1:30-3pm in the Los Alamos High School Lobby. Please make reservations online with Eventbrite.com. Also, campaign season is underway, please make a pledge today. For more information, please contact Kristy Ortega at kristy@unitedwaynnm.org or call 663-3891.		
LARSO: Pauline Schneider, announced the annual Festival of Trees event on November 18 th from 10am-2pm at the Betty Ehart Senior Center. Those interested may purchase or donate holiday décor, trees or wreaths to be set up for silent auction (please be sure to deliver at least 1 week ahead); pictures with Santa and live music will also be provided. For more information, please call 662-8920.		
NM DOH: Naomi Brodkey shared the FY18 DOH contract for health council deliverables has been approved for up to \$4855.00. Please stay tuned for updates at regular LACHC meetings. Also, a reminder that all members are invited to attend a Fall webinar on November 29 th from 10-11:30am, details to come. For more information, please contact Naomi.Brodkey@state.nm.us or call 505-753-7957.		
NM Nurse's Foundation & Association: Suzanne Canfield announced "Defining Hope," a documentary about patients and nurses nearing end of life and decisions made at this difficult time; a screening will be held at Violet Crown Cinema on Wednesday, November 1 st , 7pm. For more information, please call Suzanne Canfield at 690-6975, or send an email sjcanfield@comcast.net		
LAPS: Kristine Coblenz, Healthy Schools Initiative Director, shared there is a 3-pronged approach to the work she does at the schools, aiming for staff, students, and the community. This month in collaboration with the County's Municipal Golf Course LAPS staff will receive golf lessons during a staff appreciation event. Elementary school students will start receiving more social and emotional learning through two new programs focused on mindfulness and growth mindset. A community book read is underway featuring the book <u>Grit</u> , to discuss the power of passion and perseverance. For more information, please contact k.coblenz@laschools.net or call 663-2263.		

minutes

LA Cares: June Gladney announced the food distribution will take place on Thursday, October 12th as well as Friday, October 13th. Donations are still being accepted at the Farmer's Markets, which has been successful. For information about LA Cares, please call 661-8015.

JJAB: Cindy Koehler, Family Resource Specialist, shared about a recent event coordinated by her colleague and Youth Resource Advocate, Santina Shije. JJAB collaborated with Mesa Public Library-Youth Services, an event for LAMS Students called "Paintings and Pizza." It was held in "The Zone," only for Middle School students on Sept. 27th from 4-6pm. Some of the art will be displayed at Mesa Public Library from 10/1-10/31, and we will be sharing them for display at our JJAB Youth Resource Specialist office thereafter. For more information, please contact www.losalamosjjab.com or call 662-0346.

LAC Social Services: Deni Fell, shared a few announcements and events happening in and around Los Alamos County. A Month of Arts & Culture will kick off on Friday, Oct. 13th, please see brochures and handouts provided. LAFD will be offering a variety of Fire Prevention Month activities including a live demonstration of the firefighter combat challenge on Monday, Oct. 9th; Open House at Fire Station #4 Wednesday, Oct. 11th & Open House at Fire Station #6 on Friday, Oct. 13th. For more information, please contact LAFD Community Outreach Department at 662-8317. In connection with Barranca PTO and Los Alamos Elks Lodge, a Books for Houston Drive is underway Oct. 2-13 - drop off locations include Los Alamos Senior Center, YMCA, Los Alamos Teen Center, and Family Strengths Network.

Medicare Open Enrollment for Parts C & D will begin October 15th through December 7th and Affordable Care Act Insurance Open Enrollment will begin on November 1st, ending this year on December 15, 2017. For more information, please contact Deni Fell at 663-1875 or Eloisa Sanchez at 662-8068; for general Social Services Division information, visit <http://www.losalamosnm.us/cs/socialservice/Pages/default.aspx>

Hope Pregnancy Center: Joanne Lestone shared that free early obstetrical ultrasound in order to verify heartbeat, intrauterine pregnancy, gestational age, and free STD/STI screenings are available on the second Tuesday of each month as a Mobile Medical Unit visits Hope Pregnancy in Los Alamos located at 1183 Diamond Drive, Suite E; please call for an appointment. For more information, please contact Kim Ferguson at 662-2300.

Presbyterian Medical Services: Larry Martinez shared that the Medicaid Advisory Committee Meeting will be held on October 16th at 1pm at the NM State Library, Garrey Carruthers Room #2027, located at 1209 Camino Carols Rey in Santa Fe. The Committee will be receiving comment on waiver renewal for Centennial Care as well as a State Plan Amendment that would allow copayments and premium payments for some Medicaid eligible groups. For more information, please contact Larry.Martinez@pmsnm.org or call (505) 955-1212.

First Born Program of Los Alamos (FBPLA): Elena Berliner, Home Visitor, announced FBPLA is accepting applications for a Home Visitor position. The Home Visitor provides culturally sensitive, in-home and community visitation services to first time families (prenatal and postpartum) within Los Alamos County. Positions may be part-time or full-time. Please submit cover letter and resume to welcome@firstbornla.org by October 13th. For more information, please contact Molly McBranch, Program Director, at mmcbranch@firstbornla.org or call 505-661-4810.

Los Alamos Retirement Community (LARC): Cynthia Goldblatt, Community Liaison, announced a need for volunteers: pet therapists, musicians and artists for the Dementia Unit at Aspen Ridge Lodge. Please stop by LARC's booth in front of the Chamber of Commerce for Trick-or-Treat on Mainstreet Friday, Oct. 27 from 4-6pm. Positions are available for maintenance personnel and Social Services Director at Sombrillo. For more information, please call Cynthia at 695-8981.

Update: Youth Resiliency Subcommittee

Kristine Coblentz

Kristine shared information about the monthly newsletter, "Well-Being Through Awareness," that can be found at <https://sites.google.com/laschools.net/youthresiliencycommittee/home>. The newsletter has live links, a tip of the month with prompting questions and will highlight one resource per month that falls in line with one of the themes *7 C's of Resiliency*. The YRS typically meets on the second Monday of each month from 10-11am at the Los Alamos Teen Center. For more information, please contact k.coblentz@laschools.net or call 663-2263.

minutes

Presentation: Grandparents Raising Grandchildren

Delfinia Romero & Dana Dean

Delfinia Romero and Dana Dean provided some background about Las Cumbres Community Services, sharing that the organization has been providing services to Los Alamos, Rio Arriba and Santa Fe Counties for over 30 years, to include more than 15 programs, and now reaches into parts of Taos County. The Grandparents Raising Grandchildren Program (GRG) offers support groups, speakers, and an annual conference. The program assists with access to information and resources to help navigate legal and financial systems; grandchildren grieving the loss of a parent who may be absent related to domestic violence, drug abuse or incarceration issues, in addition to understanding the dynamic of raising a child whose parents may still be in the child's life; and helping to make connections to share common experiences and alleviate feelings of isolation. Both shared the numbers of GRG continues to grow Statewide, and especially so in Espanola. Currently 35 GRC are active in the program and another 80 kids are on a waiting list for behavioral health issues. Both said the biggest issues faced with GRC include trauma, as parenting the first time around is so different from parenting years later a second time around – now there are issues with attachment, resiliency, and modern technology. GRG collaborates with many agencies including schools, clinics, CYFD and Pegasus Legal Services. For more information, please visit www.lascumbres-nm.org or www.grglccs.com or call 505-753-4123 or email dana.dean@lccs-nm.org

Chair's Report

Cynthia Goldblatt

Cynthia welcomed updates from FY17 mini-grant recipients, Los Alamos Family Council and Self Help, Inc. Cheryl Pongratz (L AFC) shared that funds were used to help subsidize copayments for counseling appointments for low to moderate income clients. Ellen Morris Bond (SH) expressed her appreciation for the one-time grant opportunity and shared that funds were used to support the development and promotion of the Mental Health Access Project <http://losalamosmentalhealth.org/>

Cynthia shared the Basic Needs Subcommittee (BNS) met recently to discuss ongoing issues and is seeking support from the LACHC concerning our local food pantry. Some of the concerns include:

- Finding a permanent location for LA Cares – accessibility is an issue, it's not just about space issue
- Operations are 100% volunteer based; volunteers are of an aging population – is there a sustainability plan for the future?
- Is it possible to create "one-stop" shop for food donation, collection, storage, sorting, and distribution?
- Who does LA Cares serve? (approximately 4-15% of the community are at or near the poverty level)

Cynthia then opened the floor for discussion. Members shared concerns, and Social Services Manager, Kim Gabaldon, asked clarifying questions related to sustainability. LA Cares volunteer June Gladney and United Way of NNM Director, Kristy Ortega shared that current operations will not be sustainable in the near future for reasons that point to volunteers capabilities and logistical details. Ms. Gladney and Ms. Ortega will pursue Los Alamos County and Los Alamos Community Foundation for time to discuss potential future ideas and/or options. LA Cares has a working Board of Directors, 100% volunteer based without any paid employees. Ms. Gladney reported that 92% of all donations go directly back into the community; \$2500 per year pays for 3 insurance policies related to liability coverage for officers, volunteers, and connected to the physical location of the various storage areas.

Treasurer's Report

Cynthia Goldblatt for Joy Beery

The Los Alamos Community Health Council's bank account balance is approximately \$17,000.00; a portion of this balance will pay for the FY18 DOH Deliverable for an updated Health Profile.

minutes

Next Meetings/Other	
	Cynthia Goldblatt
Next meeting: November 2, 2017 Subcommittee Update: Older Adult Services Network Future Presentations: LANL EAP/Occupational Medicine, NM DOH Epidemiology Legislative Workshop, LAPS Prevention Office, Women's Veterans Program – NM Dept. of Veterans' Services, Alzheimer's Association, Somos Amigos, Adult Protective Services, and others	
Meeting adjourned at 1:43 p.m.	

Respectfully Submitted,

Deni Fell, Coordinator
Los Alamos Community Health Council