

minutes

LACHC		
11.2.2017	12:00-1:30 pm	Rm 330, Municipal Building
Meeting called to order at 12:00 p.m.	Cynthia Goldblatt, Chair	
Approval of Agenda and Minutes		
A motion to approve the agenda, as amended, was moved by Member Larry Martinez, and seconded by Member David Izraelevitz; motion was unanimously approved. <i>Agenda amended as follows: To remove Chair's Report item LA Cares Follow up Conversation to hear Basic Needs Subcommittee share.</i>		
Minutes for the meeting of October 5, 2017, were unanimously approved; Member Larry Martinez moved, Member Phil Gurskey seconded.		
Round Table of Member Activities		
	Only announcements noted here	
Member David Davis: Memory Café presents Dr. Gary Rosenberg, Director of the Memory & Ageing Center at UNM, Friday, December 1 st from 1-3pm at Legacy in Santa Fe (3 Avenida Aldea off 599 Bypass). Dr. Rosenberg will speak to Alzheimer's research, drug trials, and treatments with time for questions from attendees. For more information, please contact David Davis at 214-324-4983 or via email ddalznm@gmail.com		
Santa Fe Healthcare Network: John Ruybalid, a reverse mortgage consultant, shared the SFHC Network will hold its monthly luncheon on Wednesday, November 8 th from 11:30-1pm at Christus St. Vincent's Medical/Dental Building, Room 201; lunch is \$10 for visitors. For more information, please call John Ruybalid at 690-1029.		
Presbyterian Medical Services: Larry Martinez shared that he will continue to monitor and follow the public hearings for Centennial Care Waiver Renewal as well as the State Plan Amendment that would allow copayments and premium payments for some Medicaid eligible groups. For more information, please contact Larry.Martinez@pmsnm.org or call (505) 955-1212.		
JudyGails Place: Amber Grady Fuller shared an infographic indicating how the organization utilized their one-time mini-grant funds to include 22% of the 27 one-hour legal consultations in 2017. JudyGails Place will continue to offer free online domestic violence services for anyone living in the USA at www.judygailsplace.org as a physical office location could not offer strict confidentiality and founding members will soon be relocating out of the area.		
Kiwanis: Morrie Pongratz announced the African Library Project media event on November 28 th at Sullivan Field Parking Lot – hundreds of books have been collected by Kiwanis, Key Club, Builders Club and K-Kids Club to be sent to Africa. For more information, please contact Don Casperson 505-412-2590.		
LAPS Foundation: Morrie shared the LANL Employee Giving Campaign will kick off November 13 th and run through December. LANL employees/retirees can contribute, please look to www.lapsfoundation.com or contact Laura Loy l.loy@laschools.net or call 505-500-6501.		
United Way of NNM: Kristy Ortega announced the Annual Fundraising Campaign now through December 2017. This campaign benefits both Los Alamos and Rio Arriba Counties, please make a pledge today. Thank you!		
100 Women Who Care: Kristy Ortega announced a quarterly event/meeting on November 9 th from 5:30-7:30pm at the Posse Shack. \$100 buys your vote, 13 nonprofits are currently in the "hat." For more information, please contact kristy@unitedwaynnm.org or call 663-3891.		
JJAB: Andrea Cunningham announced Youth Mental Health First Aid was a success on Friday, Oct. 27 th . JJAB is looking to offer more sessions for interested groups and the public, please contact Andrea for more information or to arrange for a training andreacjabb@gmail.com		
LAPS Board: Andrea Cunningham announced school start times are still being discussed, based upon Pediatric Association recommendations. Public input is being sought. Please visit www.laschools.net to share your thoughts. For more information, please contact Andrea at a.cunningham@laschools.net or call 505-670-3334		

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NM Nurse's Foundation & Association: Suzanne Canfield asked members to be aware that the upcoming Legislative Session will include discussions for possible changes to the current NM Nurses Compact License to Practice which could impact travelers, data collection and enhance subpoena powers. For more information, please call Suzanne Canfield at 690-6975, or send an email sjcanfield@comcast.net

Los Alamos Heart Council: Philip Gursky shared that each year an additional 50 bicycle helmets are ordered for the annual health fair and have since been distributed via school nurses who recognize student needs. Also, a new program is being discussed to create a county-wide listing of all defibrillators in collaboration with County EMS & LAMC staff. This list could enhance early CPR for 9-1-1 callers. For more information, please contact Phil at 267-816-0299 or email philipgursky@aim.com.

LA Cares: June Gladney announced the semi-annual National Association of Letter Carriers Food Drive to take place on Saturday, November 18th. Please remember to set out non-perishable foods at your mailbox. Volunteers are needed at Crossroads Bible Church, which will be accepting donations. Other drop off locations include the Aquatic Center and Smith's where the Boy Scouts will be ready to assist. For more information about LA Cares, please call 661-8015.

LAC Social Services: Deni Fell, shared an announcement on behalf of the County's Housing & Special Programs Manager, Andrew Harnden. The Homebuyer Assistance Program application period opens Nov. 15th, aimed at helping income qualified households overcome barriers to home ownership. To find out more, contact Steve Brugger, Los Alamos Housing Partnership Executive Director at 662-8918 or call Andrew at 662-8122.

Medicare Open Enrollment for Parts C & D will begin October 15th through December 7th and Affordable Care Act Insurance Open Enrollment will begin on November 1st, ending this year on December 15, 2017. For more information, please contact Deni Fell at 663-1875 or Eloisa Sanchez at 662-8068. For general Social Services Division information, visit <http://www.losalamosnm.us/cs/socialservice/Pages/default.aspx>

Los Alamos Visiting Nurses: Jenn Bartram extended an invitation for the public to attend the 21st Annual Memorial Service. Please join LAVNS in remembering the special people who received care this past year Sunday, November 5th from 1-3pm at Fuller Lodge. A simple service will be followed by light refreshments. Please RSVP at 662-2525. Also, a Peer-to-Peer Grief Group will begin on Tuesdays, November 7th through December 12th from 5:30-6:30 at the United Church in the Education Building Lounge. To RSVP or for more information, please contact LAVNS at 662-2525.

NM Dept. of Workforce Solutions: Michelle Stump, Job Development Career Coach, shared that she is available to assist UNM-LA Certified Nursing Assistant and Emergency Medical Technical students seeking employment. For more information please contact michelle.stump@state.nm.us or call 662-0335.

Los Alamos Community Foundation: David Izraelvitz shared that a Roundtable Session for Executive Directors will be offered on November 13th from 9:30-11am at UNM-LA. All are welcome. For more information, please contact 505-661-4420 or visit www.losalamoscf.org

LAPS: Kristine Coblenz, Healthy Schools Initiative Director, shared that Red Ribbon Week was a success and participants pledged to make healthy choices and wear orange as a way to prevent bullying. The community book read featuring the book *Grit*, has been powerful and full of rich discussion. The Youth Resiliency Subcommittee meets on the second Monday of each month at the YMCA Teen Center from 10-11am. Monthly discussions follow themes from the 7 C's of Resiliency. The committee is working toward community collaborative action items. The monthly newsletter can be found at <https://sites.google.com/laschools.net/youthresiliencycommittee/home> For more information, please contact k.coblenz@laschools.net or call 663-2263.

Los Alamos Retirement Community (LARC): Cynthia Goldblatt, Community Liaison, announced a need for volunteers: pet therapists, musicians, readers, fitness folks and artists for the Dementia Unit at Aspen Ridge Lodge. A Fall Prevention Presentation will be offered on November 9th at 2pm at Aspen Ridge Assisted Living, RSVP not required, refreshments offered. The public is invited to join LARC for its Annual Luminaria Walk, Dinner & Dessert on Wednesday, December 13th from 5:30-7:30pm, RSVP not required. For more information, please call Cynthia at 695-8981.

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Update: Older Adult Services Network

Cynthia Goldblatt for Pauline Schneider

Cynthia shared that OASN has been offering ongoing Dementia Friendly Workshops, more recently at UNM-LA which serves the community well with our growing aging population and concerns for fall prevention. If interested in scheduling a workshop, please contact Pauline at the Senior Center at 662-8920.

Presentation: LANL Employee Assistance Program & Occupational Medicine

Lisa Celosse & Amanda Vialpando

Lisa Celosse, LPCC for LANL's Employee Assistance Program, and Amanda Vialpando, Case Manager and Licensed Alcohol & Drug Abuse Counselor for DOE's Occupational Medicine program provided an overview about the programs offered to LANL employees and their families. EAP is a free, confidential, and voluntary program offered to all badge holders for short-term services up to 10 sessions to address personal difficulties; family, relationship & couples issues; co-worker, supervisor, mentor difficulties; stress, emotional issues/trauma; life transitions; abuse & intimate partner violence; alcohol & drug misuse; L/Q Clearance issues; and referrals to outside providers. Medical Evaluation for Work (formally known as Fitness for Duty) involves non punitive evaluations, screenings/assessments, referral-education/treatment and closure through DOE and/or Personnel Security for alcohol-related arrests, domestic violence arrests, and other arrests, Occupational Medicine and/or Management initiated concerns. Both Ms. Celosse and Ms. Vialpando answered questions in an effort to help to debunk the myths and rumors that surround seeking professional help as a LANL employee or relative. Handouts were provided entitled *Counseling, Clearances, and You*. For more information, please contact the EAP office at 505-667-7339 or Fitness for Duty at 505-606-1838.

Chair's Report

Cynthia Goldblatt

Chair Cynthia Goldblatt reported the LACHC will meet FY18 NM DOH Health Council Deliverables by entering into contract with Anne Hays Egan to update the Community Health Profile. With that, she called for a motion:

Member Morrie Pongratz moved, seconded by Member Larry Martinez, the Los Alamos Community Health Council proceed with negotiating a contract with Anne Hays Egan to update the Community Health Profile. In subsequent discussion, it was recommended that the contract negotiation place emphasis on organizations providing services in Los Alamos County, identifying gaps in which health care needs are not being met, and should include a cost estimate of the funds needed to adequately address the gaps. Members Pongratz and Martinez agreed to include these elements in the contract negotiation; the motion passed unanimously.

Cynthia also reported content from a recent Basic Needs Subcommittee (BNS) meeting attended by Community Services Director, Brian Brogan with suggestions for presenting potential project ideas to the County and/or County Council. Be sure to consider the following:

- Justification for the project (Mission/Vision statement)
- Compile Quantifiable Data
- Have a Business Plan/Development Plan
- What are sq. footage needs
- List of equipment needed
- List of benefits for your project
- Groups involved in your project
- Donation Values/Information/Income Earned

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Treasurer's Report	
	Cynthia Goldblatt for Joy Beery
The Los Alamos Community Health Council's bank account balance to date is \$17,774.00; upcoming expenditures include the contract for an updated FY18 Community Health Profile, on-going web support, and supplies for some state deliverable activities.	
Next Meetings/Other	
	Cynthia Goldblatt
Next meeting: December 7, 2017 Subcommittee Update: BabyNet Future Presentations: NM DOH Epidemiology Legislative Workshop, LAPS Prevention Office, Women's Veterans Program – NM Dept. of Veterans' Services, Alzheimer's Association, Somos Amigos, Adult Protective Services, and others	
Meeting adjourned at 1:23 p.m.	

Respectfully Submitted,

Deni Fell, Coordinator
Los Alamos Community Health Council